

Date	Haltérophilie	Place	Deadline inscription	OG Paris: 5 comps to be chosen, in which the 2 mandatory ones
19/02/23	Interclub 1	CrossFit Nivelles	5/02/23	
25/03/23	Interclub 2	Seraing	11/03/23	
16/04/23	Interclub 3	CF Workzone-Fléron	2/04/23	
15-23/04/2023	European Senior Championships	Sec Yerevan (Arménie)		X
27 or 28 /05/2023	Championnat de Belgique des Clubs	Gent		
17-24/05/2023	European Masters Championships	Waterford (Ireland)		
May TBC	World Juniors	Guadalajara (Mexico)		
June TBC	World U15 & U17	Tirana (Albanie)		
June TBC	Grand Prix Cuba	Cuba		X
1/07/23	International Masters & Ladies Open Tournament	Waregem	17/06/23	
24-27/08/2023	Stage LFPH	Berck		
20-28/08/2023	World Masters Championships	Krakow (Poland)		
10/09/23	Championnat LFPH	CF Workzone-Fléron	27/08/23	
24/09/23	Championnat de Belgique U15, U17, Junior et Masters	CF Workzone-Fléron	2/09/23	
Oct 2023 TBC	World Senior Championships	Riyadh (Saudi Arabia)		X-Mandatory
28-?/10/2023	European Juniors and U23	TBC		
11/11/23	Challenge Jacques Bodart	Seraing	28/10/23	
3/12/23	Championnat de Belgique Open	CF Workzone-Fléron	12/11/23	
Dec 2023 TBC	Grand Prix Qatar	Doha (Qatar)		X
Jan-Feb 2024 TBC	European Senior Championships	TBC		X
1/04/24	World Cup Thailand	TBC		X-Mandatory

Date	Powerlifting	Place	Deadline inscription
11-12/02/2023	Interclub 1	CSSF-OPL (Florennes)	21/01/23
28 Feb-5 Mar 2023	European Masters	Budapest (Hungary)	30/12/22
4-5 Mar 2023	Interclub 2	Seraing	18/02/23
16-18 Mar 2023	European University Cup	Albi (France)	14/01/23
8-10 Apr 2023	Championnat de Belgique Open	VGPF-TBC	
20 May 203	Championnat de Belgique Sub-Junior, Junior, Masters	La Louvière	29/04/23
24-25 Jun 2023	Interclub 3	LFPH-TBC	10/06/23
24-27 Aug 2023	Stage LFPH	Berck	
2-3 Sep 2023	Championnat LFPH	HSPC-Lasne	19/08/23
8-10 Sep 2023	WEC (team championships)	Reykjanesbär (Island)	8/07/23
8-15 Oct 2023	World Masters	Unlaanbaatar (Mongolie)	8/08/23
10-15 Oct 2023	European Juniors and Sub-Juniors	Budapest (Hungary)	10/08/23
28 Oct 2023	Championnat de Belgique des Clubs	Enghien	7/10/23
25-26 Nov 2023	Benelux Tournament	Netherlands	
6-10 Dec 2023	European Open	Tartu (Estonie)	6/10/23