

LIGUE FRANCOPHONE DES POIDS ET HALTERES asbl

Vlaamse Gewichtheffers en Powerlifting Federatie vzw

CALENDAR 2024

NAT & INTERNAT

| * changement / wijziging | | | | 15.01.2024 | | | | |
|----------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------|----------------------|----------------|------------------------------|-------------|-----------|
| | | Toutes compet LFPH, NAT & internat => inscription via CLEA | | | | | | |
| DATE | COMPETITION | WL/Pow/BP | 3 | PLACE | Organizer | PREBELGIUM ! | Preliminary | Final |
| January | 2024 | | | | | | | |
| 13 & 14 | 1 Interclub LFPH | Power + BP | CL + EQ | PHC Ser | SERAING | | | |
| | | | | | | | | |
| February | | | | | | | | |
| 3 | Interclub VGPF + Vlaams Kampioenschap Jun & Mast | Weightlifting | | TBC | TBC | contrôleurs aux comptes LFPH | | |
| 12 - 18/02 | European Masters CLASSIC powerlifting | Powerlifting | Classic | Malaga | ESP | FIN | FIN | 22/1/2024 |
| 12 - 20 | EUROPEAN Seniors | Weightlifting | | Sofia | BUL | FIN | FIN | |
| 24 | Conseil d'Administration de la Ligue Francophone | ADMIN | | Petit-Enghien | | | | |
| 24 & 25 (or 2-3/03) | Kwalificatiewedstrijd 1 (TBC) | Power + BP | CL & EQ | Atlas Gym | GENT | | | |
| 25 | 1 Interclub LFPH | Weightlifting | | BWS | NIVELLES | | | |
| | | | | | | | | |
| March | Pâques - Pasen 31/03 | | | | | | | |
| 29/2 - 3/3 | EUROPEAN University Cup | Powerlifting | Classic | Nancy | France | FIN | FIN | 8/2/2024 |
| 02 & 03 | 2 Interclub LFPH power + BP | Power + BP | CL + EQ | Mont St Guibert | ZENITH | 18/2/24 | | |
| 2 & 3 (or 24/25.2 TBC) | Kwalificatiewedstrijd 1 | Power + BP | CL & EQ | Atlas Gym | GENT | | | |
| 9 confirmé/bev. | Assemblée Générale de la Ligue Francophone | ADMIN | | Petit-Enghien | LFPH | | | |
| 12 | AG / EPF | | | Velika Gorica | Croatia | | | |
| 12 - 17 | EUROPEAN Open | Powerlifting | Classic | Velika Gorica | Croatia | FIN | FIN | 20/2/2024 |
| 17 | Interclub VGPF + Vlaams Kammoenschap Open + U13 - U15 | Weightlifting | | Strive | VGPF | | | |
| 23 or 24 | 2 Interclub LFPH | Weightlifting | | Blacksheeps | NAMUR | | | |
| 30 & 31 (+1/4?) | CHAMPIONNAT DE BELGIQUE SJ-Jun-Masters / Maximum 14 participants par CAT de poids de corps | Power | Classic | TBC | VGPF | | | |
| | | | | | | | | |

| April | | | | | | |
|------------------|-----------------------------------------------------------------|--------------------|----------|---------------------|------------|-------------------------------------------|
| 6 | FRBPH / KBGV (FED NAT) | | | | | contrôleurs aux comptes FRBPH |
| 20 confirmé/bev. | Conseil d'Administration NAT. / Raad van Bestuur & AG/AV - NAT. | ADMIN | | Petit-Enghien | NAT | |
| 27 or 28 | 3 Interclub LFPH | Weightlifting | | Habeas Corpus | OUPEYE | |
| 27 & 28 | Kwalificatiewedstrijd 2 | Power + BP | EQ + CL | | VGPF | |
| | | | | | | |
| May | | | | | | |
| 1 - 4 | EUROPEAN Masters | Powerlifting | Equipped | Hamm | Luxembourg | pre-Belgium 25/02/2024 02-03-24 10/4/2024 |
| 4 | Microwedstrijd VGPF | Weightlifting | | Top SportHall - TBC | Gent | |
| 7 - 12 | EUROPEAN Open, SubJun, Jun | Powerlifting | Equipped | Hamm | Luxembourg | pre-Belgium 03/3/2024 08-03-24 16/4/2024 |
| 11 & 12 | 3 Interclub LFPH power + BP | Power + BP | EQ + CL | OPL | FLORENNES | |
| 18 | | bak UITTREKSELS | | | | |
| 22 - 26 | World U15 - U17 (Youth) | Weightlifting | | Lima | PER | |
| 25/5 - 1/6 | World Champ. / ALL | Bench Press | CL & EQ | Austin | TEXAS | Pre-Belgium 17/03/2024 22-03-24 30/4/2024 |
| 26 | CHAMPIONNAT de Belgique des Clubs - BK Clubs | Weightlifting | | PHC Seraing | SERAING | |
| | | | | | | |
| June | | | | | | |
| | Pentecôte 28-29 Pinksteren | | | | | |
| 1 & 2 | Kwalificatiewedstrijd 3 | Power + BP | EQ + CL | TBC | VGPF | |
| 15 - 23 | Championnat d'Europe Masters / EK Masters | weightlifting | | Haugesund | NOR | Pre. Belgium 7/04/2024 |
| 15 - 22 | European U15 & U17 (Youth) | weightlifting | | Thessaloniki | GRE | Pre. Belgium 7/04/2024 15-04-24 |
| 16 - 23 | World champ. OPEN | Powerlifting | Classic | Vilnius | LTH | Pre. Belgium 7/04/2024 16-04-24 |
| 19 | GA - IPF | | | Vilnius | LTH | |
| 29 | CHAMPIONNAT de Belgique des Clubs (finale) - BK Clubs (finale) | Power + BP | CL | TBC | VGPF | |
| | | | | | | |

| July | | | | | |
|------------------|------------------------------------------------------------------------|-----------------|---------|----------------|-----------|
| 6 | International Tournament Masters & "Ladies Open" | Weightlifting | | Waregem | Waregem |
| 13 | | | | | |
| 20 | Zomerwedstrijd VGPF | Weightlifting | | Crossfit Aalst | AALST |
| 23 - 27 | FISU | Power (& WI 2\) | | Tartu | EST |
| 26/07 - 11/08 | O. Games | Weightlifting | | Paris | FRA |
| | | | | | |
| August | | | | | |
| 5 - 11 | European Open, SubJun, Jun, Masters | Bench Press | EQ & CL | Istanbul | TUR |
| 17 & 18 | Vlaams Kampioenschap - Ch VGPF | Power + BP | EQ & CL | TBC | VGPF |
| 23/8 - 1/9 | World Sub-junior and Junior | Powerlifting | EQ & CL | Valetta | MALTA |
| * 24 - 25 | Championnat LFPH Senior & Master | Power & BP | | PHC Seraing | SERAING |
| | | | | | |
| September | | | | | |
| * 31.08-01.09 | Championnat LFPH toute cat | Weightlifting | | HWLT | FLERON |
| 5 - 14 | WORLD Masters | Weightlifting | | Rovaniemi | FIN |
| 13 - 15 | W.E.C. - champ. par équipe / Ploegen kampioenschap - 6xEQ & 6xCL/team) | Powerlifting | EQ & CL | Valetta | MALTA |
| 14 & 15 | Championnat LFPH Jun & SubJun | Power & BP | | OPL | FLORENNES |
| 19 - 27 | WORLD Junior | Weightlifting | | Léon | ESP |
| | | | | | |

PRE 22 Jan 2024 via NAT NUSF

Préliminary Belgium 02/06 06.06.2024 15/7/2024

Préliminary Belgium 16/06 23.06.2024 TBC

Pre Belg.7/07/2024 13/7/2024

| | | | | | |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|--------------------|-----------------------|----------------|
| Oktober | | | | | |
| 5 confirmé/bev. | Assemblée Générale Extraordinaire LFPH électorales (matin) et Conseil d'Administration LFPH, répartition des fonctions (après-midi) | ADMIN | | PETIT-ENGHIEU | LFPH |
| 6 | CHAMPIONNAT de Belgique - BK U13, U15, U17, Jun & Mast + VGPF Kamp. (pour les masters 1 particip.ds les 12 mois qui précède la date d'inscription du CB) Maximum 14 participants par CAT de poids de corps | Weightlifting | | Crossfit Aalst | AALST |
| 6 - 13 | EUROPEAN Juniors and Sub-Juniors | Powerlifting | Classic | Pilsen | CZE |
| 13 | La dernière chance | Weightlifting | | BWS | |
| 13 - 20 | WORLD Masters | Powerlifting | CL & EQ | Sun City | Sud-Afr |
| 26 & 27 | CHAMPIONNAT DE BELGIQUE OPEN / BK Open Maximum 14 participants par CAT de poids de corps | Powerlifting | Classic | APEX | LASNE |
| 26/11 - 3/11 | European Junior & U23 | Weightlifting | | Raszyn | POL |

Toute la journée à prévoir pour les élus

15/9/2024

15/9/2024

19/10/24

26-09-24

| | | | | | |
|-------------------|-----------------------------------------------------------------------------------------------------------|-------------------------|-------------------------|----------------------|-------------------------|
| | | | | | |
| November | | | | | |
| 2 | AG NAT électorale (matin) + Conseil Administration NATIONAL électorale (aprem) | ADMIN | | Petit-Enghien | |
| 2 & 3 | Kwalificatiewedstrijd 4 (TBC) | Power + BP | | TBC | VGPF |
| 9 & 10 | CHAMPIONNAT Belgique OPEN H & D / BK OPEN (seniors) - maximum 14 participants par cat PC | Weightlifting | | Endgame | LOCHRISTI |
| 11 - 17 | WORLD Open | Powerlifting | Equipped | Reykjavik | ICELAND |
| 23 - 24 | BENELUX Tournament (minima PL) | Powerlifting | EQ & CL | Zénith | LOUVAIN LA NEUVE |
| TBC | WORLD Seniors | Weightlifting | | Manama | BRN (Bahrein) |
| | | | | | |
| December | | | | | |
| 7 ou 8 TBC | Challenge Bodart-Delava / Special Edition | WL & PL + BP | | PHC Seraing | SERAING |
| 14 | CHAMPIONNAT de Belgique PL OPEN / BK Open - EQ / Maximum 14 participants par CAT de poids de corps | Powerlifting | Equipped | OPL | FLORENNES |
| 14 | CHAMPIONNAT de Belgique BP OPEN / BK Open - CL & EQ | BENCH PRESS | EQ & Classic | OPL | FLORENNES |

libre aux futures fédé NAT de power et haltero de garder ou de changer ces dates

PRE-BELGIUM - TBC

23-09-24