

# **Brussels Weightlifting School ASBL –2025 Price List**

## **MEMBERSHIP FEES**

Membership gives you access to the gym and training equipment. The fee can be paid in 3 different ways, which are explained below. In order to be affiliated to the club and to the Federation, you have to complete and sign the document “DEMANDE AFFILIATION LFPH” (which you can find found on our Website (<https://www.brusselsws.be/en/pages/practical-information/affiliation-.html>) and to give it back to the secretary or treasurer of the club. This enables you to benefit from the federation insurance in case of physical injury.

On top, the athletes under a status provided by the ADEPS or who want to take part in international competitions have to hand in the appropriate medical certificate and Declaration on honour which you also find on our Website (<https://www.brusselsws.be/en/pages/practical-information/affiliation-.html>).

The fee must be paid as soon as possible by bank transfer, with your first name and family name, on the Brussels Weightlifting School ASBL bank account BE35 3630 1972 9537 (BIC code BBRUBEBB). Membership fees are not reimbursable.

Three payment options (« Student » means that your parents are funding you):

- **One payment** for the whole year:
  - ✓ 280 EUR for students
  - ✓ 365 EUR in all other cases.This option gives the member the status of “full member”; this allows you to vote at the General Assembly of the ASBL.
- **Four quarterly payments** (accepted only after agreement by the treasurer):
  - ✓ 80 EUR per quarter for students
  - ✓ 110 EUR per quarter for others.This option gives the member the status of “adherent member”.
- **Partial subscription** : in case the membership is acquired later in the calendar year, the membership fee will be proportional to the number of months left until the end of the year, month of affiliation included. This partial membership is to be paid in full at the beginning of the affiliation, according to the following rate:
  - ✓ Students: 29 EUR x the number of months left in the calendar year
  - ✓ Others: 40 EUR x the number of months left in the calendar yearThis option gives the member the status of “adherent member”.

Monthly subscription payments are not allowed, except in the case of a stay in Belgium limited in time (e.g. student internships).

*Most health insurance companies contribute to sport clubs membership fees by refunding them partially (in general from 80 to 100€). If you are able to benefit from this advantage, simply ask your insurance for the appropriate form and send it to our treasurer Isabelle Genot ([genot\\_isabelle@hotmail.com](mailto:genot_isabelle@hotmail.com)). She will send it back to you after having signed it and specified the amount you paid.*

## **DROP-IN**

Practising weightlifters and powerlifters can come and try the training conditions and soak up the atmosphere of the club before deciding to register: they are then asked to pay the sum of 15€ for this trial session to the account BE35 3630 1972 9537 of the Brussels Weightlifting School ASBL club, indicating Name and Surname and the text "Drop-in". This amount will be deducted from the membership fee that will be due if they decide to join the club. Of course, during this test session, they are not covered by personal injury insurance. The latter can only be obtained by payment of the above membership fee and submission of the affiliation document.

## **TRAINING PROGRAMS**

You are member of the club and you want to benefit from a personalized training program, developed by the club's coach and which corresponds to your needs and your level as an athlete? Talk to Anna Vanbellinghen: she will prepare it every day and make it available to you via a file shared in OneDrive. This service is available via a quarterly payment of 60 € (120€ if you are not member of the club) on the BE35 3630 1972 9537 account of the Brussels Weightlifting School ASBL, by indicating your first name and family name, the text "Program" and the period your payment relates to. For reasons of administrative follow-up, we do no longer accept payments by month and we encourage you to favor an annual payment of 240 € (480€ if not member) or semi-annual payment of 120 € (240€ if not member) instead of the quarterly payment.

## **PRIVATE AND GROUP LESSONS**

Whether you paid the full annual fee or not, our team can also give private and collective lessons, according to the following rates (\*):

<b>Fee per person</b>	<b>1 person</b>	<b>2 persons</b>	<b>3 persons</b>	<b>3+</b>
1 one-hour class	50 €	30 €	25 €	Contact us by mail (brusselsws@gmail.com)
5 one-hour classes	200 €	125 €	100 €	
10 one-hour classes	350 €	200 €	150 €	

(\*) *These prices do neither include the federation membership nor the insurance fees, which are covered only by the payment of the membership fee and the provision of the affiliation document.*

In this case, please contact Anna Vanbellinghen at 0479 31 43 48 or via the e-mail of the club [brusselsws@gmail.com](mailto:brusselsws@gmail.com).

<b>In summary</b>	<b>Non-student (not-reimbursable)</b>	<b>Student (not reimbursable)</b>
Full year membership through one payment	365 €	280 €
Quarterly payment (if agreed with treasurer)	110 € per quarter	80 € per quarter
Affiliation during the year via single payment (**)	40 € x nb months until year-end	29 € x nb months until year-end
Drop-in	15€, deducted from the membership fee in case of affiliation	
Training programs	Member: 60€/quarter, or preferably 240€/year or 120€/semester Not member: 120€/quarter, or preferably 480€/year or 240€/semester	

(\*\*) *Exceptions: limited stay in Belgium.*